Coconut Ladoo

Diwali is the festival of lights, celebrated by millions of Hindus, Sikhs and Jains across the world.

Diwali, which for some also coincides with harvest and new year celebrations, is a festival of new beginnings and the triumph of good over evil, and light over darkness.

The word Diwali comes from word *deepavali,*meaning "rows of lighted lamps".

Houses, shops and public places are decorated with small oil lamps called diyas. People also enjoy fireworks and sweets too.

light over darkness.

**Ingredients**

6 digestive biscuits

¼ can condensed milk

2 x 5ml spoons cocoa

2 x 15 ml spoons coconut

Pinch of cardamom powder.

**Method**

1. Crush the digestives in a glass bowl using the bottom of a plastic bowl. They should be ground down very finely.
2. Add coconut and cocoa and mix well with a metal spoon.
3. Pour in the condensed milk and mix well.
4. Shape truffles into eight evenly sized balls and roll in coconut.
5. Place in a paper case and arrange neatly in your container.

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| Equipment | |
| Glass bowl | Small plastic bowl |
| Measuring spoons | Table spoon |
| Paper cases | |