

Multiple Choice Quizzes on Healthy Eating to test your knowledge.

Log into Food a Fact of Life

www.foodafactoflife.org.uk



11 - 14 Years

Welcome to the 11-14 Years area, which builds on the learning .



Quizzes

Click on this option

Multiple choice individual quizzes

Click this option



Diet and Health

- [Diet and health quiz](#)
- [Unpleasant reactions to food quiz](#)
- [Healthy teeth quiz](#)



Complete the **Diet and Health** Quizzes on the left.

You can if you are able to print off a certificate.

**GOOD
LUCK!**