

Manufacturers include a range of information on food labels. Some of it is legally required and some of it is useful to the consumer or supermarket.

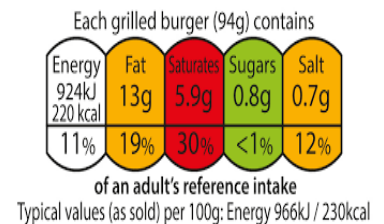
The following eight pieces of information must appear by law on food labels:

- name of food or drink;
- list of ingredients (including additives and allergens);
- weight or volume;
- date mark;
- storage and preparation conditions;
- name and address of the manufacturer, packer or seller;
- country of origin
- nutrition information on the back of the packet

| INGREDIENTS |
|---|
| Water, Carrots, Onions, Red Lentils (4.5%) Potatoes, Cauliflower, Leeks, Peas, Cornflower, Wheat flour, Cream (milk), Yeast Extract, Concentrated Tomato Paste, Garlic, Sugar, Celery Seed, Sunflower Oil, Herb and Spice, White Pepper, Parsley |
| ALLERGY ADVICE |
| For allergens, see ingredients in bold |

Front of pack nutrition information is voluntary but if a food business chooses to provide this additional declaration, only the following information may be provided:

- energy only;
- energy along with fat, saturates, sugar and salt.



Information that may be included but is not legally required

Manufacturers might also include other information that would be useful to the consumer or supermarket. This might include:

- price;
- customer guarantee;
- serving suggestion;
- photograph or image of the food;
- bar code.



Activity

Design a food label for a burger of your choice.

Use the above information to help you.

- You will have to find a suitable recipe to find out the ingredients.
- Post your finished results.

S2 Activity