



Top transition tips for parents of new S1's!

At the end of P7, parents and children tend to be concerned about very similar sorts of things such as homework, the new routine, bullying and friendships. Talking to your child about what you are both worried about is likely to help both of you!

Bullying:

At Leith academy every teacher takes bullying very seriously.

- Encourage your child to tell someone, quickly. Your child's Head of House will be their key adult and will follow them through their secondary career.

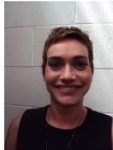
Mrs Jennifer Connell – Cowan



Mr Blair Connor – Port



Mrs Laura Lindsay – Barton



Mr Daniel Fox – Anderson

Friendships:

As most people have friends at their primary school that go to different secondary schools, it's not surprising this is a worry for pupils and parents.

- Encourage your child to make new friendships through their subject classes and join extracurricular clubs!

Rugby	Cricket	Musical Production	Swimming	Golf	Computer Games
Art	Orchestra	Hockey	Drama	Volleyball	Boys' Fitness
Wind Band	Dance	Basketball	Football	Badminton	Girls' Fitness
Gymnastics	Amnesty Int'l	Bronze Medallion	Bike Club	Duke of Edinburgh Award Scheme	

The new routine and getting lost:

There are plenty of people on hand to help pupils stay on the right path! There will be S6 pupils leading S1's to their next class and plenty of adults around to make sure pupils know where to go in August.

- The school day starts at 8.30 am and pupils are expected to arrive punctually for classes.
- Encourage good time keeping to help your child develop good habits early in their school lives
- Keep a school timetable and a list of what equipment is needed for each day somewhere visible at home e.g. on the fridge. It could help you and your child settle in to the new routine!

	MON-THURS	8.30-8.39	8.39-9.36	9.36-10.33	10.48-11.45	11.45-12.42	13.22-14.19	14.19-15.16
FRI ONLY		8.30-8.48	8.48-9.45	9.45-10.42	10.57-11.54	11.54-12.51		
	TG	1	2		3	4		5
MON					B			L
TUES					R			U
WED					E			N
THUR					A			C
FRID					K			H

Homework, books and equipment:

Pupils may worry about homework and having the right equipment. Here are some things you could try if you think this applies to your child:

- Encourage your child to make sure that they understand the instructions for the homework task before they leave the lesson, and to start their homework early so that they can get help if they have any problems.
- Check the timetable the night before and discuss what they will need to bring to school
 - Bring a pencil and rubber each day

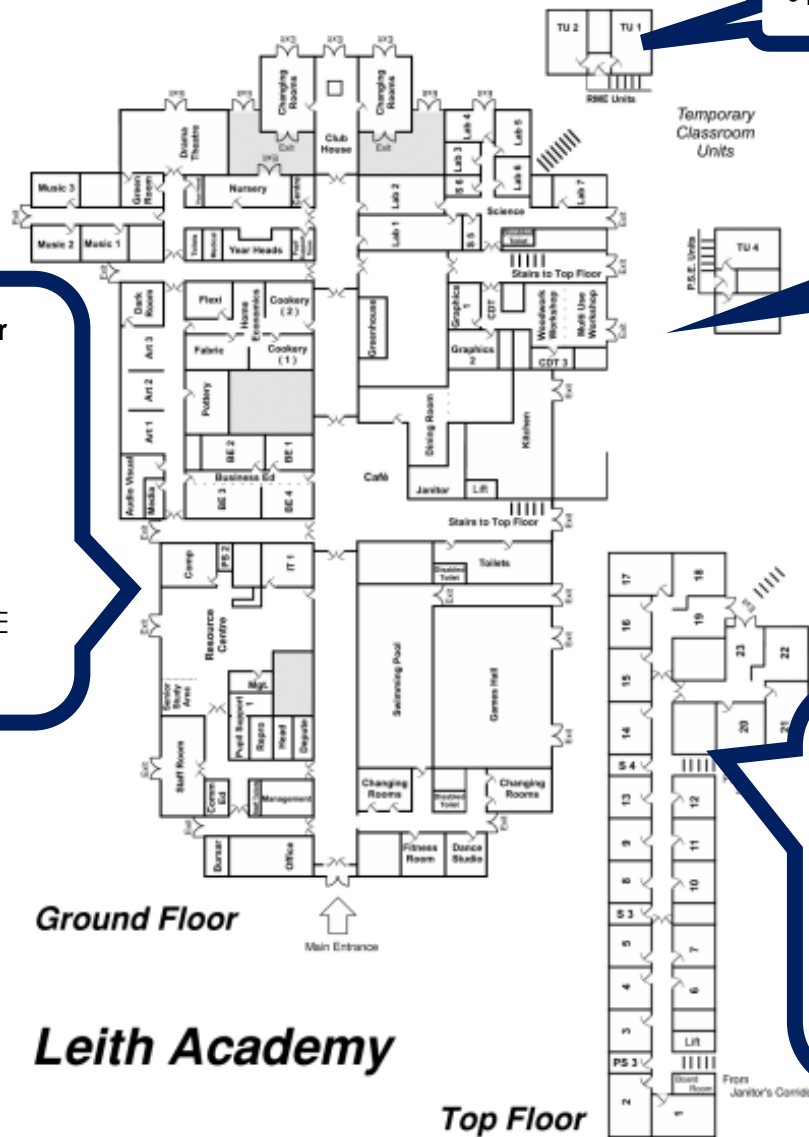


Try to check in with your child regularly and remind them that:

- It's normal to feel both excited and scared – nerves actually help us prepare for challenges
- It may take time for them to feel settled, and that's OK
- They might get things wrong as they get used to a new situation
- They've coped with big changes in the past and can do it again
- Not everything is going to change – some routines will stay the same
- They can talk to you or someone at school if they're worried.

Ground floor

- PE
- ICT
- ART
- DRAMA
- MUSIC
- H.E
- SCIENCE
- CDT



• RME

• SOCIAL EDUCATION

First floor

- MODERN STUDIES
- HISTORY
- GEOGRAPHY
- ENGLISH
- MATHS
- MODERN LANGUAGES

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Miss Jess (Chapman)

@MissJess_CEC

Ground Floor

Leith Academy

Top Floor

We hope your family finds the transition to secondary school a smooth and positive process!

